



**ASSOCIATES OF VIETNAM VETERANS  
OF AMERICA,  
CHAPTER 203, INC.**

***President's Message***

AVVA Chapter 203, Inc.  
792 Flinn Dr.  
Chattanooga, TN 37412

*June/ July 2018 issue*

AVVA Members,

I would like to thank those who came out to vote at our April meeting. I look forward to serving this Chapter for the next 2 years alongside of the other elected officers.. We are still in need of a Secretary to complete our board and anticipate someone stepping up and volunteering to fill that position in the near future. I am also pleased to be able to work alongside the VVA Chapter 203 to assist and support them throughout the year.

One of our continuing undertakings is the recording of our VISTA hours. (Volunteers In Service To America). We know that our members give countless hours to veterans and our community; our goal is to capture those hours and submit to the national organization.

At our June meeting we will be putting together "Cookie Trays" to be delivered to our local Police Stations and Fire Stations, thanking them for their service. We continue to support the local VA Clinic as well as looking to help with a future project at the clinic.

We are currently working on several things; one of my main goals is to increase membership and to get the word out about who we are and what we do. I would like to see more of our younger Veterans and their families get involved with AVVA; and at the same time, give us the opportunity to minister to those in need by providing the programs, projects and education they may need.

Don't forget that AVVA prepares and serves a meal for the VVA Chapter 203 meetings and holds a 50/50 drawing in order to raise funds.

I am excited about our upcoming project, a Spousal Benefits Education Seminar, coming this Fall. More details later.

Together Always

Susan Price, President

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**ATTENTION:**

Monthly Meetings

**Monday, June 4<sup>th</sup>**  
**Monday, August 6<sup>th</sup>**

Best Western Hotel • 6710  
Ringgold Rd • East Ridge • TN  
Doors open at 6:30pm  
Meeting starts at 7:00pm

**LIKE US ON FACEBOOK!**

**AVVA CHAPTER 203**

***DUE TO THE FOURTH OF  
JULY HOLIDAY, THE JULY  
MEETING HAS BEEN  
CANCELLED. SEE YOU IN  
JUNE AND IN AUGUST.***

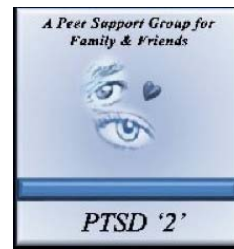
**\*\*\*NATIONAL AVVA AT WORK\*\*\***

## PTSD '2'

*Secondary PTSD* is commonly referred to as "the stress resulting from helping or wanting to help a traumatized or suffering person." If you live with someone who suffers from PTSD, you may notice yourself beginning to "mirror" some of their behaviors. This noticeable change is called Secondary Post Traumatic Stress Disorder.

*What are some common symptoms of secondary PTSD?*

- intrusive thoughts
- chronic fatigue
- sadness
- anger
- poor concentration
- second guessing
- detachment
- emotional exhaustion



\*PTSD '2' is an Associates of Vietnam Veterans of America, Inc. program. Supported by Vietnam Veterans of America, Inc.

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### ***MARK YOUR CALENDAR!***

- June 4<sup>th</sup>: AVVA monthly meeting  
June 10<sup>th</sup>: AVVA State elections  
All state-level offices open for candidates  
June 14<sup>th</sup>: Flag Day  
June 18<sup>th</sup>: VVA Chapter 203 monthly meeting  
Post 95 East Ridge, TN  
July 4<sup>th</sup>: Parade Dunlap, TN  
July 16<sup>th</sup>: VVA Chapter 203 monthly meeting  
Post 95 East Ridge, TN  
July 24-28th Nat'l Leadership & Education Conference  
Renaissance Hotel Palm Springs, CA  
Aug 6<sup>th</sup>: AVVA monthly meeting  
Aug 17-19<sup>th</sup>: VVA Collection & Parade  
Walmart, Pigeon Forge, TN  
Aug 20<sup>th</sup>: VVA Chapter 203 monthly meeting  
Post 95 East Ridge, TN

### **4<sup>TH</sup> OF JULY PARADE**

*Chapter 203 VVA & AVVA will be participating in the Fourth of July Parade in Dunlap, TN. If you would like to go with us, meet at the Walmart on Hwy 153. The bus will leave **promptly** at 7:00am EDT. .*

### ***NEW WEBSITE***

VVA Chapter 203 has launched a new website.

Visit the AVVA page.

[www.vva203.org](http://www.vva203.org)

If you would like to receive this newsletter electronically, which will be in color and arrive sooner, send an email to [susan\\_price\\_2454@msn.com](mailto:susan_price_2454@msn.com) with "Newsletter" in the subject line. Be sure to sign your name.

## CONTACT INFORMATION FOR OUR MEMBERS:

President: Susan Price  
423-596-1219  
[susan\\_price\\_2454@msn.com](mailto:susan_price_2454@msn.com)

Vice President Joyce Simpson  
423-987-6851  
[jsimpson203avva@gmail.com](mailto:jsimpson203avva@gmail.com)

Secretary: Vacant

Treasurer: Kevann Harriss  
706-375-8689  
[kevanharriss1@msn.com](mailto:kevanharriss1@msn.com)

## APPOINTED POSITIONS

Membership Chair: Janice Brauch  
423-316-5599  
[lbjanice13@gmail.com](mailto:lbjanice13@gmail.com)

Newsletter Editor: Sharon Hobbs  
423-364-6385  
[blondyhobbs@aol.com](mailto:blondyhobbs@aol.com)

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## AVVA MISSION STATEMENT

To provide support to Veterans and their families through programs, projects, and education.

## AVVA VISION STATEMENT

To create a better everyday life for Veterans and their families.



**CONGRATULATIONS TO OUR NEWLY ELECTED OFFICERS!**

L-R: Susan Price, President; Joyce Simpson, VP; Kevan Harriss, Treasurer



*AVVA Members participating in the Walmart Membership Drive & Collection in Kimball, TN.*

Front Row L-R: J.D. Elsea, Marsha Thibadoux, Janice Brauch, Sue Anderson, & Susan Price.

Back Row L-R: Waterdog Bunch, Bob Brauch, Charlie Hobbs, Charlene Holloway, Bob Holloway, Larry Anderson, & Larry Johnson.

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Chattanooga, TN 37412

### APPLICATION FOR AVVA MEMBERSHIP

Make your check payable to **AVVA**  
Mail to: Membership • 8415 Shadowood Dr • Hixson • TN • 37343

Name: \_\_\_\_\_

Sex: F  M

Complete Mailing Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Chapter Affiliation: **TN- Chapter 203**

E-Mail: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Yearly Membership Dues:**

1 Year: \$20

3 Years: \$50

**Life Membership Options: (check all that apply)**

Paid in Full

Optional Life Time  
Payment

59yrs and below \$175

*(\$50 down & \$25/mo)*

60yrs and above \$100

*Paying less than \$175 requires proof of age.  
driver's license, state-issued ID, etc.*